

**"But I *am* poor and needy;  
*yet* the Lord thinketh upon me"**

[Psa 40:10-17](#)

### **Part I Psa 40:10-13**

**Psa 40:10** I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation.

**Psa 40:11** Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me.

**Psa 40:12** For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me.

**Psa 40:13** Be pleased, O LORD, to deliver me: O LORD, make haste to help me.

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"I have not concealed thy lovingkindness" because it is His to give to whomever He has ordained it to be given to, each man in his order. Love and truth are spoken of together in verse 10, reminding us that it is the truth that sets us free and that it is the continuing in God's truth ([Joh 8:31-32](#)) which brings about this most precious fruit of a deeper love for one another ([Jas 5:7](#)).

Having the truth is one thing but speaking the truth in love, or demonstrating that love is only possible as God changes our hearts and sheds his love abroad within them ([Rom 5:5](#)). So just as we would pray and ask God to increase our faith ([Mar 9:24](#)), we ought to pray as well that God will deepen His love within us for each other and for this dying world that Christ died for ([Joh 13:34](#) , [Joh 3:16](#))

"I have not concealed thy lovingkindness and thy truth from the great congregation" reminds us to pray that God will grow this genuine concern and love within each of us as he did in Timothy and all those who were predestined to overcome in this age ([Php 2:19-20](#)).

God's truth can continually preserve us if we are given to be disciples indeed who abide in the truth or continue in the truth as mentioned above. Only when God does not withhold his tender mercies from us is this able to be accomplished.

His tender mercies work in conjunction with us being able to express **his** lovingkindness and truth, which preserve us. We are preserved by correction – “thy righteousness”, “thy lovingkindness”, “thy tender mercies” of these two verses – and this is “the way of life” that God's elect have been called unto today ([Pro 10:17](#)).

God's mercy is really all about His dealing with our first man Adam in this age by bringing our initial vessels of dishonour into judgement ([1Pe 4:17](#)) so that the cup can be cleansed from the inside ([Mat 23:26](#)).

"thy tender mercies"<sup>H7356</sup> come about because of "thy righteousness"<sup>H6666</sup>. A quick look at how those 2 strongs numbers are used in other verses throughout the old covenant can help us understand the deepness of this promise ([Joh 8:31-32](#)) for "thy truth" to "continually preserve me" of ([Psa 40:11](#)):

Righteousness = <sup>H6664</sup> in verse 9= **tseh'-dek: 1.** justice, rightness, righteousness  
Righteousness = <sup>H6666</sup> in verse 10= **tsed-aw-kaw': 1.** justice, righteousness  
(both <sup>H6664</sup> and <sup>H6666</sup> are from the root <sup>H6663</sup> **tsaw-dak': 1.** to be just, be righteous)

**Isa 58:2** Yet they seek me daily, and delight to know my ways, as a nation that did righteousness<sup>H6666</sup>, and forsook not the ordinance of their God: they ask of me the ordinances of justice<sup>H6664</sup>; they take delight in approaching to God.

**Dan 9:18** O my God, incline thine ear, and hear; open thine eyes, and behold our desolations, and the city which is called by thy name: for we do not present our supplications before thee for our righteousnesses<sup>H6666</sup>, but for thy great mercies<sup>H7356</sup>.

**Hos 2:19** And I will betroth thee unto me for ever; yea, I will betroth thee unto me in righteousness<sup>H6664</sup>, and in judgment, and in lovingkindness, and in mercies<sup>H7356</sup>.

It truly is His Judgement and justice/righteousness which always work together to the end (telos) of the law ([Rom 10:4](#) , [Jas 2:12](#)).

*Any comments on these two verses?*

[Psa 40:12](#) **For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they**

**are more than the hairs of mine head: therefore my heart faileth me.**

God sends the spirits to do their work ([1Sa 16:14](#) , [1Sa 16:23](#)) , and sometimes they come in innumerable amounts and make us feel so sore pressed that we cannot conceive how we are going to escape this pressure ([Psa 22:16](#) , [Mat 26:39](#) , [1Co 10:13](#)).

The Lord is at hand and working the greatest works in our spiritual lives at these moments, which demonstrates His "lovingkindness", his "tender mercies" and "faithfulness" to "preserve" us both physically and spiritually, but always through the fire, spiritually ([2Co 1:9](#) , [Luk 21:18](#) , [Dan 3:16-18](#) , [1Co 3:15](#)).

While the physical serves its purpose, the Lord continues to preserve us spiritually and bring us to the point where we understand that nothing can separate us from His love ([Rom 8:39](#)). The death of the saints, both by dying daily and ultimately putting off this flesh, is precious in His sight ([Psa 116:15](#)). This is "thy salvation" spoken of in verse 10 above.

*Any comments on this verse?*

**[Psa 40:13](#) Be pleased, O LORD, to deliver me: O LORD, make haste to help me.**

The Lord has moved me to utter this prayer several times in my life "Be pleased, O LORD, to deliver me: O LORD, make haste to help me." But what I never understood until much later in my walk was that the Lord was not really showing me his favour by delivering me from my trials alone without having my faith tried in the fire through the process ([Deu 29:5](#) , [Exo 3:5](#) , [Joh 1:27](#) , [1Pe 1:7](#)).

Our trials are precious trials of faith because they cause the death of the first man Adam progressively as he dies to all the law-keeping and works of the law where the schoolmaster, the tutors and governors ([Gal 3:24](#) , [Gal 4:2](#)) have dominion over our faith ([1Pe 4:2](#)). This death is precious in the sight of the Lord, and it is a death which is incremental ([Psa 116:15](#) , [Luk 16:10](#) , [Deu 7:22](#) , [1Co 15:31](#)).

The positive way to be preserved and to remain blameless until the coming of our Lord Jesus Christ should be our prayer for one another([1Th 5:23](#)) as opposed to remaining preserved under the schoolmaster and not moving unto faith that is tried in the fire of grace which chastens us and teaches us to deny ungodliness and worldly lusts.

Grace causes us to want to live soberly, righteously, godly in this present world ([Gal 3:24](#) , [Tit 2:12](#) , [Heb 12:6](#)). If we are looking for that blessed hope, and the glorious appearing of the great God and our Saviour Jesus Christ, it will be because

God is dragging us to do so ([Joh 6:44](#)), and we will know that it will require His righteousness alone to be able to endure until the end if we are granted to be found in Him ([Tit 2:13](#) , [Mat 6:33](#) , [Gal 2:20](#)).

It is God's good pleasure to bruise Christ and his body in this age ([Isa 53:10](#)), so when we ask God to deliver us in this age and to "make haste to help me" we are praying that we can be His workmanship pressing toward the prize of the high calling in Christ Jesus ([Php 3:14](#) , [Eph 2:10](#)) which can only be accomplished by grace and faith ([Eph 2:8](#)).

If it be God's will, he will "make haste" and do this "quick work" within our lives ([Rom 9:28](#)). It is incredible how much God has given the elect to make this sojourn possible ([2Co 4:15-18](#) , [Mat 16:2-3](#)), both with technology and manifest gifts given to the church to build us up and prepare us for the end of this age.

*Any comments on this verse?*